TRAILMARK TRACKS Summer 2011



Every day is conquerable by its hours, and every hour by its minutes. ~Robert Brault

Mike Elbeck for City Council	2
Fire! Help! Cash, Trash, and Email Addresses.	3
Star Canyon Patio Homes	4
Response Times	4
Back to School Reading	5
School Dates	5
TrailMark Metro District Board	6
Speed Facts	6
August Road Construction	7
Tips to Eat Right on a Budget	8
Upcoming Events	9
Ads from TrailMark's Sponsors	10-17

Mike Elbeck Announces His Candidacy for City Council

Trailmark resident Mike Elbeck has announced that he will run for Littleton City Council this November.

Elbeck is a longtime resident of Littleton. He is a retired police officer and now dedicates a tremendous amount of his time to a variety of nonprofit organizations in Littleton and the metro area, most of which cater to the needs of children. He is also active with the Trailmark HOA.

"I think it is time that City Council has a representative from our neighborhood," states Elbeck. "We are unique to the city and have needs that should be represented. Additionally, the residents of this neighborhood love their city and want to ensure that it remains a healthy, vibrant place for our families to live."

Elbeck plans a campaign based on honesty, integrity and transparent government. He is planning several opportunities for residents to meet with him and share their thoughts and concerns.

Homeowners Association

trailmark.org

Board Of Directors

President	Karen Millspaugh
Vice President	Mike McMahon
Vice President	Wayne Lupton
Treasurer	Lesa Rangel
Secretary	Doug Filter

TrailMark Committees

Common Area Committee Chair, Karla Rogers
Covenant Committee Chair, TrailMark Staff
Newsletter Editor, Kim McMahon
Layout Editor, Lauren Filter
Design and Review Committee Chair,
TrailMark Staff
Finance Committee Chair, Lesa Rangel
Social Committee Chair, Juli Hill

Social Committee Chair, Juli Hill
Safety Committee Chair, Mark Rogers
Communications Committee Chair,
Kim McMahon

Management Company

Colorado Management, Inc. 13900 E. Harvard Ave., Suite 330 Aurora, CO 80014

Phone - 303.468.3746 Fax - 720.748.3021 Email - tlamar@coloradomanagement.com

Community Manager, Tina Lamar



Fire! Help! Cash, Trash, and Email Addresses

Fire! Not long ago all of the Trail-Mark neighbors received a postcard from the HOA Board informing them that our homeowner insurance rates were going up because TrailMark had been rated a 9 by the ISO because we are more than 5 miles from a fire station. When there was a regular meeting of Littleton City Council, a group of 10-15 members of the community took the time and attended. As of this writing, City Council is still working to solve changing the rating and keeping TrailMark neighbors from having their insurance rates increased. Even if this is accomplished, it still does not solve the bigger problem of the increasing rate of response times to TrailMark. The average response time has increased to almost 13 minutes!! The City Council must bring a fire station closer to TrailMark. It is a matter of lives and property being lost. We have Littleton Firefighters who live in our community and they want to get to TrailMark faster; but cannot do it unless you help us by writing the City Council, attending City Council meetings, speaking up, and electing members who care about TrailMark and about the City of Littleton. It could be your house or your life on the line. Take some time, do your part to get informed and help us to encourage the City Council to do the right thing.

Help! The HOA Board and the Committee members are reaching burnout! Our community is over 10 years old and some members have been working on committees and boards for almost that long. We are getting tired and cranky. We need more help on all of the committees and new members for the HOA Board. It takes a village and it seems that it is the same 5 % who live in TrailMark who have been helping us. We are grateful to the current members of the committees and boards. However, can some of you find time in your schedules to join a committee or a board and help us? We need help approving paint colors, enforcing covenants on recreational vehicles, rewriting the covenants so that they are clear to all of the Trail-Mark community. Can you help us?

Cash The Finance Committee has been working on getting signatures to change our Declaration so that the Board and the Finance Committee can invest some of our reserve monies in CD's and vehicles that are safe but earn us a bit more in interest over the fiscal year. We still need about 300 more signatures. If you are interested in helping the Finance Committee get those remaining signatures, send your own card into the management company or take some time and help us by visiting homes with us to get this done. Can you help us?

Trash Cover your trash and recycles! It is the neighborly thing to do. We ask that you help keep our neighborhood clean and beautiful by using covered trash and recycling cans every Friday. You can purchase covered and wheeled trash cans from our trash company or you can purchase yours from the local hardware stores. However, do your part to keep the lid on it!

Email Addresses We are very pleased to announce that we have reached 500 email addresses in our database. We now have the means of emailing most of the TrailMark neighborhood when there are burglaries, bears, snakes or cancellations. We have only asked neighbors if we could let you know when the next newsletter is ready for viewing. Soon we will be sending you an email to give us permission to send you email alerts. Watch for this announcement. It is the quickest way to let you know what is happening. We would not abuse your email site. We anticipate an email from us would come no more than once a month. Can we email you a bit more? Thank you to all who can make a decision and take a little time to help us.

Star Canyon Patío Homes Board Banter

We have just completed our exterior painting schedule for the year. We have now repainted all 68 homes. Our plan is to now take a two year hiatus before beginning the painting cycle again in 2014. Excellent prep work by our contractor and upgraded materials should allow this pause. We will continue to monitor the situation to ensure that our confidence is well founded.

While your thermometer may indicate otherwise, fall is approaching. We are beginning our preliminary planning for shutting down our irrigation systems. In late September or early October, our systems will be shut down by EDI. At that time you will free to turn off your inside irrigation water valve (to minimize any potential water damage) and drain your interior water supply. EDI will then return to fully winterize your system. You will be alerted of more precise timing once we have firmed up schedule.

Please direct any concerns to Milagros Matos at MMatos@associacolorado.com or (303) 232-9200.

So, why should we be concerned about response times??

All of us moved to TrailMark thinking we had the best of both worlds; that is, we were close to nature but still in the city. However, TrailMark is away from the City of Littleton. The closest Littleton fire station is near C-470 and Santa Fe.

On a good day, with no traffic a fire engine and medic unit might get to the entrance of TrailMark in 8 minutes. It usually takes longer. The average time to answer a call during the last 6 months of 2011 was about 13 minutes.

TrailMark HOA and its citizens have been attending City Council meetings and asking that a fire station be built in or near TrailMark to help decrease these response times to save lives and property.

You might ask, why would it take so long? There are a few plausible reasons. The station at C-470 and Santa Fe may be on another call or doing training exercises. That would mean that the next station to respond may have to come to TrailMark from Pierce and Coal Mine.

Many of the calls to Trail-Mark are medical in nature. LFR usually responds with a truck and a medic unit so that life-saving 4 procedures can be administered by trained paramedics and the patient can then be transported to the hospital. The City Council paid to have a Rural Metro ambulance unit stationed near the King Soopers at Chatfield and Wadsworth to help LFR with medical emergencies. Often that Rural Metro unit is farther away and is unable to get to TrailMark in time. In fact, LFR made it to TrailMark faster 13 out of 22 times this year. And that is still with response times averaging 13 minutes!

City Council members state that they are putting TrailMark first regarding the ISO ratings. (ISO ratings for TrailMark changed when the ISO realized that Trail-Mark was more than 5 road miles away from a fire station.) City Council is working to cut a deal with the West Metro Fire District. The West Metro station, at approximately Chatfield and Kipling, is 4.5 miles away from TrailMark. This may satisfy the ISO and our insurance rates may go down but will only cut response times by a minute or two. Good in the short term because it will probably save homeowners money; but still a problem in the long term because our response times will still be higher than we would like them to

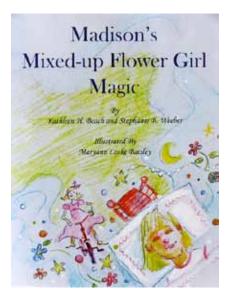
be for a suburban community.

What are we looking for in dealing with the City Council?? Council members need to see that this is a total Littleton problem. We simply need more fire stations for Littleton and one closer to Trail-Mark! If we have high response times in TrailMark, then other parts of Littleton probably have the same problem -- especially if their station is out on another call. The City of Littleton needs to use its revenue to build more stations and place them strategically so that response times are decreased in all of Littleton. The citizens of Littleton should be able to depend on LFR to get to the emergency to save lives and property.

What can you do to help the TrailMark community?? Attend the regular meetings of the City Council. Address the Council with your concerns of increasing response times. Email the Council members with your stories of how long it took emergency personnel/vehicles to get to your home.

A TrailMark neighbor and Littleton firefighter said, "I love my job and I am trained to do my job well. I just want to get there faster to help my neighbors."

Back to School Reading



"Madison's Mixed-up Flower Girl Magic" and "Aiden's Amazing Ring Bearer Act" by

Trailmark resident Kathleen H.
Beach and her daughter Stephanie B. Weeber illustrated by
Maryann Leake Baisley have been released as one hardcover volume by Cobweb Books.

Beach, a 2005 Colorado Journalism Teacher of the Year, taught English in Jefferson and Douglas Counties as well as in Littleton Public Schools. "There is always

a need for up-to-date children's literature, "Beach remarked. "This book is full of the warmth and humor of children thinking they're doing what the adults asked, but getting it wonderfully wrong. One of my inspirations for this type of humor was the Amelia Bedelia stories."

Weeber, a graduate of Chatfield High School and the University of Colorado, is in her sixth year of teaching second grade. She is currently at Academy Charter School, Castle Rock. "My inspiration to write comes from my students," Weeber said.

Baisley, a nationally recognized artist resides in Roxborough. Her water-color pencil drawings capture the innocence and imagination of the characters.

In this flip-over book, both Madison and Aiden misunderstand their roles as flower girl and ring bearer, leading to hilarious and heartwarming antics as they prepare for their aunt's "Big Day."

"Madison's Mixed-up Flower Girl

Magic" and "Aiden's Amazing Ring Bearer Act" are available for purchase at www.cobwebbooks.com as well as Tattered Cover Books. Signed copies are available on request.

Contact Kathy Beach: 303 972-2532



Important Dates for your School Calendar

Shaffer Elementary:

- 8/22 First Day
- 8/26 Back to School BBQ

http://sc.jeffco.k12.co.us/ education/school/school. php?sectiondetailid=3248&

Falcon Bluffs Middle School:

- 8/22 First Day for 6th Graders and All New to Falcon Bluffs 7th Graders
- 8/23 First Day for All Students

http://sc.jeffco.k12.co.us/falcon

Chatfield Senior High:

- 8/22 Freshman Orientation
- 8/23 First Day for All Students

http://www.chargerpride.com

No School for All Students Labor Day, September 5

BACK



TO

SCHOOL 2011-2012 **Ponds** – The aeration system was installed in Fairview #1 on July 26th. Aquatics Associates continues to monitor and treat the algae in all ponds as we move through the heat of Summer.

Fence Painting – Painting in Filing #1 & 5 was completed as scheduled in June. The TMMD anticipates the painting of Filing #2 to be next year (2012). The TMMD and the HOA are responsible for painting and maintaining the common area fences.

ISO Rating and Emergency Response Times – The TMMD is supporting the HOA in its efforts to keep our neighbors informed and active in the process of working with the Littleton City Council to find an appropriate solution to these issues.

Mosquito Control – The TMMD contracted with Ottertail to perform spraying for mosquito control. The board felt this was necessary since Jefferson County announced it would not be performing the spraying this year.

Special Projects – The TMMD continues to work on a document to establish a process for citizens to present special projects to the TMMD.

2011 Meeting Schedule – The semi-monthly meeting dates for the remainder of 2011 are: August 16; October 18, and December 20. There will be a budget meeting on November 15. All meetings are currently scheduled for 6:30 PM at the Trailmark Learning Center.

Coffee at the Playground – The TMMD and HOA Boards will have one more Coffee at the Playground meeting in September. Please look for the signage the week before the gatherings. This is a great opportunity for those residents who are unable to attend either of the regular board meetings to get questions answered or bring items to the attention of the boards.

Contact information – Please direct questions or concerns to the TMMD at board@tmmd.org or call our management company, CRS of Colorado at 303-381-4960.

TrailMark Metro Board

Did you know???

The average vehicle volume on TrailMark Parkway is 4,438 over a 24 hour period.



Posted Speed Limit: 30 MPH Average EB Speed: 34 MPH Average WB Speed: 30 MPH

92% of WB motorists are driving within 5 MPH of the speed limit.

62% of EB motorists are driving within 5 MPH of the speed limit.

August Road Construction

Lots of road construction in Littleton over the next month. Please read and plan accordingly.

Broadway/Mineral Intersection Improvements: The contractor will be working this Saturday night to improve the "sharp" edges where they have milled the old pavement. Next week, the contractor will complete the curb and gutter removal and replacement work on east side of Broadway. Also, the left turn lanes west of Broadway will be modified on Mineral Avenue to provide more turning vehicle storage. The asphalt paving of the intersection is scheduled for the week of August 15th.

Broadway/Littleton Blvd. Improvements: Night work will include the installation of 600 feet of storm sewer on the east side of Broadway north to Powers Avenue to be completed next week. Curb, gutter, intersection inlets and piping will be constructed across Littleton Blvd. during the daytime. There are numerous buried utilities in this intersection which have caused some delays in the work. Three quarters of the intersection has been overlaid with asphalt and pedestrian crossings painted. The intersection paving will be completed the week of August 15th.

Bowles/Lowell/Platte Canyon

Rd.: Last week, one lane of concrete was removed in both directions on Bowles Avenue and the lower lifts of asphalt paved (12 inches thick). Concrete work was completed during the daytime on the corners of the intersection which includes a safer pedestrian crossing alignment of Powles Avenue, Mainta

ment of Bowles Avenue. Maintaining traffic flow through this intersection during construction has been a really big challenge (this is an understatement!). Five lighted message boards have been used to inform the driving public of traffic delays and one lane traffic conditions. The remaining two inside concrete lanes are being removed this week and will be ready for paving. The final paving in both directions is scheduled for August 10th.

Jackass Hill Rd./Mineral Ave. Right Turn Lane: This project involves relocating the traffic signal

pole at the NW corner, moving the signal cabinet (and all the internal components); construction of the new curb, gutter, sidewalk and street paving will follow. Construction should begin later in August (probably around the 22nd), the contractor will have 30 days to do all this work.

Dry Creek Road/Broadway Project: This is a small construction project we will be doing to improve the south edge of Dry Creek Road, just east of Broadway (next to the Sinclair Service Station). Currently, the side of the road is a "mess." Something needs to be done without waiting for Dry Creek Road to be totally reconstructed and widened. We have employed a contractor to install a short section of storm sewer, an inlet and some curb and gutter. Work is scheduled to start about August 15 and take about 2 weeks.

The contractor doing the resurfacing of West Belleview Ave., Santa Fe to Broadway, has submitted the following schedule:

Rotomilling of the existing surface will start on Monday, August 8 and be complete by end of next week, weather permitting.

Paving will start on Monday
August 22 (after WWW)
and completed just before
the Labor Day weekend,
weather permitting.
The contractor will return

The contractor will return after the holiday to do adjustment of manholes and water valves (they pave right over these) and install some guardrail on the south side of the road.

There will be some temporary closures of intersecting streets and driveways as the milling and paving occurs in the immediate area. One should expect to encounter lane closures and traffic delays; so, my best advice is, "DON'T GO THERE!" - Charlie Blosten, Director of Public Services, City of Littleton

It's Expensive to Eat Right!!!

Several families have participated in the CSA (Community Sponsored Agriculture) garden at the Botanical Gardens this summer and have been enjoying fresh vegetables for weeks! There is a new harvest each week and after purchasing the initial garden share, food budgets around the neighborhood have decreased without the need to purchase healthy vegetable options. What happens when the garden stops producing food? Back to the grocery store you go! Here are some tips to keep the bill low and still eat healthy:

- Plan your meals. Figure out what you need for all of your meals each week and try to choose recipes that use similar ingredients. Create a meal plan and list each ingredient you need so you can buy everything at once.
- Steer clear of salt and sugar. Salty and sugary foods do not fill you up nearly as much as whole, healthy foods so you end up eating more to get the same satisfaction. As an added bonus, staying away from high sugar and salt concentrations will also help you lose weight, too, because it takes more energy to break down whole foods than simple sugars. Salt holds on to water and doesn't allow your system to efficiently cleanse itself.
- Buy your proteins in bulk. Buy enough meat for the week but also enough to freeze for later meals. You can cook all of it at once and freeze individual servings, which can be perfect for lunches at work, or portion out how much meat you will need for dinner with your whole family. Cook with different seasonings so you don't

- feel like you're eating the same protein all the time.
- Watch sales. Many grocery stores (King Soopers, Albertsons, Safeway, Sunflower Market, etc) have coupons every week and will routinely have fruits and veggies on sale. Know what's in season so you can be sure to get the freshest foods possible.
- Don't fear the frozen. Flash-frozen fruits and vegetables retain 99% of the vitamins and nutrients of fresh produce. Be sure to check out how many servings are in each bag and plan accordingly.
- Drink your water! Water is an appetite suppressor. If you are staying hydrated, and drinking at least 8-10 cups of water per day, you will be less likely to snack on junk food. Invest in a cool, fun water bottle that you can take with you wherever you go. Remember what your mom said, "If you aren't peeing clear, you need to drink more."

Sweeten up dinner this week with a "Sweet and Tangy Strawberry Salad" (compliments of TeamBeachbody.com)

Salad: 2 cups fresh spinach 3/4 cup chopped

strawberries

1 tsp. minced sweet onion

1 tsp. minced green onion

Dressing (makes 1/2 cup):

1/2 cup olive oil

1/4 cup apple cider vinegar

1 Tbsp. dry mustard

1Tbsp. poppy seeds

1/2 green onion, chopped coarsely

Put all dressing ingredients in blender and blend until creamy. Place all salad ingredients in a medium-sized bowl. Add 2 Tbsp. dressing to salad. Toss until thoroughly mixed. Makes 1 serving.

Hi! My name is Lauren Filter. I am the layout editor of the newsletter you are reading

right now! I am a recent graduate of Chatfield and as a new adult in the real world. I wanted to make a change in my life and decided to get healthy. In the spring, I did 90 days of



P90X and I am currently in the process of completing Insanity. After seeing positive changes, I wanted to help other people get healthy too! I became a Beachbody Coach and would absolutely LOVE to help you in your journey toward better health and fitness. Let's chat!

Find me on Facebook or email me at lafilter93@aol.com.

We are always looking for new and exciting content for the newsletters. Send your articles, pictures, special events, or other ideas to lafilter93@aol.com. Be sure to find "TrailMark at Chatfield" on Facebook and stay up-to-date in between newsletter publications.



The Denver Museum of Miniatures, Dolls and Toys presents

THE NOT SO HAUNTED HOUSE

A fall celebration in the historic Pearce-McAllister cottage

> SUNDAY, OCTOBER 2 NOON TO 4:00PM SUGGESTED DONATION OF \$1

-GAMES-CRAFTS-FACE PAINTING--SLIGHTLY SPOOKY DECORATIONS--COSTUMES ARE HIGHLY ENCOURAGED!-



1880 GAYLORD STREET
DENVER, CO 80206
303-322-1053
WWW.DMMDT.ORG
EDUCATION@DMMDT.ORG



What's Next on the TrailMark Calendar?

The last concert in the TrailMark Concert in the Park series is on August 28 at 5:30pm. See you there!

Trailmark night at the Corn Maze at the Denver Botanic Gardens at Chatfield is coming in September! Check trailmark.org for the date!

Trailmark Night at the Lights will be in December! Stay tuned to trailmark.org for dates in the fall.



Rock the Range with Franklin Graham August 27 and 28 Dicks Sporting Goods Park

www.facebook.com/rocktherange



Summerset Festival Columbine Memorial Balloon Glow September 16, 2011 Clement Park, Littleton, CO



First Friday Art Walk (6-9 pm). The First Friday of every month.

September Punch Card Special

Purchase a 15 recreation center punch card during the month of September and receive 2 FREE punches. Purchase a 30 recreation center punch card during the month of September and receive 5 FREE punches. Punch cards valid at Goodson, Buck and Lone Tree Recreation Centers. For more information, call 303-347-5999. Certain restrictions apply.



September & October Strength Training 101 FREE!

Receive a general overview of fitness components monthly with a brief orientation of weight training and cardiovascular machines. Class limited to 8. For more information, call 303-347-5999 or visit www.sspr.org.

Buck Recreation Ctr

2nd Tue of mo. 9-10:15 am, 3rd Thu of mo. 6:30-7:45 pm Goodson Recreation Ctr

2nd Fri of mo. 9-10:15 am, 3rd Wed of mo. 6:30-7:45 pm Lone Tree Recreation Ctr

1st Wed of mo.11:30-12:45 pm, 2nd Sat of mo. 9-10:15 am Sheridan Recreation Ctr

1st Thu of mo. 9:30-10:45 am

Hoofin' It Through the Hollows Fall 5K Race

Runners of all ages and abilities may join us for fun and fitness just before Halloween at this 5 K race. Sat, Oct 22 begins at 6 pm. Check-in starting at 5 pm at Shelter C in deKoevend Park. Prizes will be awarded in age and gender categories for the 5K. Pre-registration fee is \$15 (\$25 fee day of race) and includes t-shirt and goodies. Register at http://www.RunningGuru.com/Event/1800. Children 5 and under are free.

October Haunted Hay Rides

Storytellers narrate an amusing tale while you rumble down a trail inhabited by ancient Indians and cowboys for 30 minutes of family Halloween fun on Sat, Sun, Oct 29 & 30. Enjoy food concessions and a petting zoo inside the barn before or after your ride. Must check in 30 minutes prior to your ride time. Register at www.sspr.org for rides every 30 minutes 6-9:30 pm at Stockton's Plum Creek Stables, 7479 W. Titan Rd. \$12 (Adult) /\$8 (ages 2-12), Under age 2, Free. To register, call 303-347-5999 or visit www.sspr.org.



We understand the maintenance requirements of single-family homes and strive to be a valued part of your periodic painting needs. We take our time to insure that your demands are met. Our responsible, well trained work force provides top quality customer service.





9505 S. Field Way

"Shaker Painting painted our house in March 2011. We wanted to do something a little different, but still stay within the guidelines of the TrailMark HOA. Shaker worked with us on our custom painting. As a result, my house looks perfect! I think the end product we received exceeded the quality I've seen on other paint projects in the neighborhood. I highly recommend Shaker painting."

Call us for a FREE proposal! 303.981.0061 ShakerPainting.com



MORE THAN A FRESH COAT



Would you like to talk to someone local about refinancing or purchasing options? Call Richard Mooney, a mortgage broker for over 12 years. Call to set up an appointment in his TrailMark home, or visit his office at Chatfield & Kipling. Richard offers advice and options as if you are family - just honest answers.

Richard Mooney (303) 777-7767 Discount Mortae

Discount Mortgage Loans LLC

Sunny Puckett 303-904-4364

Re/Max Professionals





Order Your Home Sunny Side UP!













TrailMark

Market Statistics

January 1, 2011 - July 31, 2011

STYLE	SQUARE FOOTAGE	FLOOR PLAN	AVERAGE SALES PRICE	AVERAGE DAYS ON MARKET	NUMBER OF HOMES SOLD	AVERAGE PRICE PER FINISHED SQ. FOOT
2 Story	1531-1600	Antero	\$305000	79	1	\$13000
2 Story	1813-1952	Shavano	\$348,780	105	4	\$13800
2 Story	2567 - 2807	Rosewood	\$431,000	78	1	599.00
2 Story	2667-2877	Edgewood	5482,000	7	1 Backs To Open Sp	\$107.00
2 Story	2894-3812	Cherrywood	\$410,500	70	1	\$138.00
Ranch	2063-3815	Sandalwood	\$417,000	81	3 2 Back To Open Sp	\$13800

NEIGHBORHOOD OVERVIEWAVERAGE

- HOGHPHOOD OVERVIEWAVERAGE

 ◆ SALE PRICE: \$ 388602

 ◆ DAYS ON MARKET: 81

 ◆ PRICE PER FIN. SQ. FOOT: \$13600

 ◆ TOTAL SOLD: 11

 ◆ ACTIVE LISTINGS: 17

Call me if you need more information at

303-904-4364 www.sunnysdenverhomes.com

I Am Never Too Busy For You or Your Referrals! Thank You for Passing My Name Along!

Compliments of: Sunny Puckett



Sunny Puckett Invites You To Our Community Appreciation

> October 15, 2011 **Clement Park** 8 a.m. to Noon

Free Pumpkins! Lots of Family Fun!



South Suburban FALL Youth

We offer: Rugby **Inline Hockey Golf** Flag Football

Lacrosse

Basketball

Soccer

Volleyball

BMX

Dodgeball

Visit sspr.org for more info.

League registrations available online today! www.sspr.org or call 303-347-5999

Flag Football

Boys/Girls Grades K-8

Non-contact co-rec fall flag football league. Practices are one hour per week; Coach determines location & day. Mouth guard required.

Fee includes football jersey & flag.

Register NOW! Deadline Thu, Aug 18

Practices begin: Week of Aug 29 Games: Saturdays, Sep 10-Oct 22

David A. Lorenz Regional Park, 8422 S. Colorado Blvd.

\$80 /\$67 Resident





Youth Basketball

Boys/Girls Grades K-8

8 games played with weekly practices Practices begin week of Nov 21. Games start Sat, Jan 8. \$110/\$85 R

Registration begins Tues, Sep. 6 Deadline Fri, Oct 21

Competitive Leagues

Boys Grades 5, 6

8 games plus end of season tournament, 2-game minimum. Team registration only. Individual Fee: \$117 /\$94 Resident Practices begin week of Nov 21. Games start Sat, Jan 7

Sign up at the Athletics Office 663 I S. University Blvd.

Volunteer coaches needed!

C.A.R.A Youth Volleyball Leagues Boys/Girls Grades 3-8

Learn fundamentals of passing, serving and bumping. Sign up as individuals. Teams will be formed according to skill level.

Play 2-3 organized Sat tournaments. Includes team shirt and tournament fees.

Registration deadline is 5 pm Fri, Aug 26.

Season begins Aug 31- Nov 6

Elementary Division (Grades 3-5) Middle School Division (Grades 6-8)

All practices held Wed, 7 or 8 pm Elementary teams scheduled at 7 pm slots first. Powell Middle School \$72 /\$60 Resident

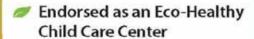


For more info call 303-798-7515.



& Recreation Athletics





- Daily hours: 6:30am 6:00pm
- Conveniently located near Lockheed Martin
- Highly trained & dedicated Teachers
- Low Teacher to child ratios
- Music, Phonics, Spanish and Math enrichment programs
- Afterschool and Camp Programs for ages 5-12 years



Call today for more infomation! Center Director: Shannon Hall

> shall@cclc.com Phone: 303.933.6947

> Conveniently located nearby at 9743 S. Carr Way



CHILDREN 6 WEEKS TO 5 YEARS



www.stellarpaintingandremodeling.com

A Stellar job from start to finish!

BIG VALUE DISCOUNT FOR SPRING

\$500 OFF

Exterior Bookings Exp. 4/1/11

BIG VALUE DISCOUNT

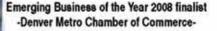
20% OFF

Interior Painting Exp. 4/1/11.

Must mention or presnt ad. Cannot be combined with any other offer.







- ★ Interior & Exterior Painting
- ★ Faux Decorative Finishes & Murals
- ★ Wallpaper Removal
- ★ Popcorn Ceiling Removal
- ★ Kitchen & Bath Remodeling Specialists
- ★ Stucco Coatings and Repair Specialists
- * Basement Finish
- ★ Custom Tile Installation
- ★ Granite, Stone & Acrylic Countertops
- ★ Custom Wood & Vinyl Window Replacement
- ★ Exterior Carpentry and Repair







troubleshooter & com

Winner of a Gold Star Certificate from the BBB Denver/Boulder, 2007, 2008, 2009 & 2010





720-981-STAR (7827)

www.stellarpaintingandremodeling.com



TRAILMARK RESIDENTSERVING RESIDENTS NO COST INSPECTION & ANALYSIS!



ALL REPAIRS

10% OFF

Family Owned
Locally Operated
Fully Insured
One Day Service
Digital Review









WE RECYCLE YOUR OLD SHINGLES!





(303) 798 - ROOF (7663)

www.ARMOUREXTERIORS.COM